



# Health and Safety

## **Highfield Level 1 Award in the Principles of Health and Safety within the Workplace (RQF)**

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This qualification is designed for those learners either currently working or those returning or starting work and wishing to gain a nationally recognised qualification in health and safety.

The qualification can be taken as stand-alone or as part of a wider programme of training, is available to learners aged 14+ and has one mandatory unit to complete.

### **Mandatory Unit**

This qualification includes the following mandatory unit:

- Principles of Health and Safety within the Workplace

### **How long will it take me to achieve this qualification?**

This qualification is usually achieved by taking a half-day course. However, it can also be achieved through a variety of other methods including blended and distance learning.

### **How is the qualification assessed?**

It is assessed by a multiple-choice examination, where the learner must answer at least 9 out of 15 questions correctly. The examination will take a maximum of 30 minutes to complete.

### **What next?**

Learners successfully completing this qualification may wish to progress onto further qualifications, such as:

- Highfield Level 2 Award in Health and Safety within the Workplace (RQF)

### **Where can this course be taken?**

Through any Highfield approved training centre.

Level **1**

# *Highfield* Fact Sheet



Qualification Number: 603/1251/8 Credit Value: 1

